Gordon Head Middle School

THE GRIZZLY GAZETTE

October 22, 2026

Happy Friday, Everyone!



Greetings, Gordon Head Families.

It is that time of year again where the mornings are getting darker and it is a good time to remind everyone to wear reflective clothing and lights when riding, scootering, or walking to school. It can be very difficult for drivers to see in the morning and any help with visibility is a good thing for everyone.

This would also be a good time to remind students to dress appropriately for the colder weather. Break time is going to get a bit chilly if students aren't prepared for the wet and the cold.

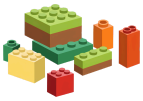
I hope everyone has a wonderful long weekend.

October 23	Pro D Day
Tues-Wed October 27 & 28	Parent Teacher Interviews
Wednesday November 11	Rememberance Day (Ceremony on November 10th)
Thursday November 19	PAC Meeting 7:00pm

In This Week's Gazette

- Clubs and Athletics
- District Information
- PAC and VCPAC
- Community Opportunities

Clubs and Meetings



- Mellow Monday - **Mondays** in the Library at lunch after the eating period. A calm, quiet place to really get into books



- Lego Club - **Tuesday** at Lunch after the eating period



- GSA Club - **Wednesdays** in the library, at lunch after the eating period. A social club for 2SLGBTQ+ folks and their allies



- Coding Club - Starts **Wednesdays, October 7th** 3-4:30 in Ms. Lamond's room



- Dance Club - Group 1: **Fridays** at the Lunch hour
  Group 2: Wednesdays after school 3 to 3:30pm





- Pokemon /Magic/ D&D Club - **Thursdays** @ lunch in the art room
- Chess Club - **Fridays** at lunch in the Library after the eating period.
- Musical Theatre- Gr 8 Girls Tuesday @12:15pm, Gr 6/7 Girls in Dance Club Wednesday @12:15pm, Gr 6/7 girls not in Dance Club Wednesday 3pm - 3:30pm, Boys Friday @ 12:15pm

Upcoming Sports

Monday, October 26– Friday, October 30

GYM AND PRACTICE SCHEDULE — October 26th - 30th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 - 8:40					
Gym Court 1	Grade 7 Boys COMP (Kierat)	Grade 6/7 Girls COMP (Nicole)	Grade 8 Boys COMP (Joshua Barry)	Grade 6/7 Girls COMP (Nicole Mackie)	
Gym Court 2					
12:00 - 12:40					
Gym Court 1		Grade 6/7 Girls REC (Jessie and Macy)	Grade 6 Boys REC (B) (Alexis and Madouna)	Grade 7/8 ALL (Gym Games)	
Gym Court 2			Grade 6 Boys REC (A) (Joshua and Rees)		
3:00 - 4:30					
After School		Grade 8 Boys COMP Practice (Joshua B.) Grade 6/7 COMP Girls @ SMUS (3:45 start) Grade 6/7 REC Girls @ BAYSIDE (4:30 p.m. & 5:15 p.m. start)	Grade 8 boys COMP @ LANS (3:45 start)	Grade 6 boys REC (A) @ HOME Grade 6 boys REC (B) @ NSMS Grade 7 boys COMP @ GNS (3:45 pm start)	Grade 7 Boys COMP Practice (Kierat)

District Information



Let's Get Visible Day!

November 6, 2026

During this dark time of the year,
dress up in your lightest, brightest,
most sparkly, reflective, or light-up clothing
or all of the above!

Let’s Get Visible Day, celebrates and
practices the importance of being safe
on roads and trails during
darker morning commutes.

Everyone plays a part in the dark!

VCPAC Parent Engagement Event: Belonging, Inclusion & Safety

Parents and caregivers are invited to join VCPAC for an engaging discussion on belonging, inclusion, and safety in our schools and communities. This event offers an opportunity to connect with other families, share experiences, and contribute to conversations that support student well-being and success. Please see the attached poster below or www.vcpac.ca for details and registration information.

- The the poster is also linked here: https://drive.google.com/file/d/1Iuca3U7YpjlIaV8JQgybDy_zez-zMA8w/view?usp=sharing

- The weblink for registration is: https://forms.gle/8Jzz7jh6tFZxG5W18

Saloumeh Pourmalek
Chair, VCPAC 2026/27
📧 chair@vcpac.ca
📞 250-217-7873
🌐 www.vcpac.ca

INCLUSIVE & SAFE SCHOOLS

Opportunity for Discussion
Parents & Students

Spectrum High School
Thursday OCT. 29,
2026 7:00 – 8:30 PM

Physical

Social

Emotional



FREE TO REGISTER
ON-SITE CHILDMINDING AVAILABLE
PIZZA & GAMES FOR THE KIDS.
https://forms.gle/p82G1mcJLivitM4A6

VCPAC

QR link to Survey ->
~~https://forms.gle/UpfheSieXSaJ915A7~~



AFTER SCHOOL DROP IN

September 23 - June 4, 2026

10 - 17yrs

Gordon Head YouthCentre

FREE

MON/WED 3:00-5:00PM
FRIDAYS 1:30-5:00PM

Closed Tue/Thu, Pro D Days and Holidays

Get in Touch

250 457 7111

Shannon.Phelps@saanich.ca

Gordon Head Recreation Centre
4100 Lambrick Way
Victoria, BC V8N 5R3

REGISTER NOW

The Youth Centre

at Gordon Head Recreation Centre

10YRS+



Come join us!

4100 Lambrick Way | 250-475-7100



Amenities

- Kitchen & Dining area
- Pool table
- Indoor ping pong
- Outdoor ping pong
- PS5 gaming system
- 65" TV
- Sports equipment
- Board games and card games
- Arts and crafts



Schools and neighbourhoods served

- Lambrick Park Secondary School
- Reynolds Secondary School
- Mount Douglas Secondary School
- Gordon Head Middle School
- Arbutus Global Middle School
- Cedar Hill Middle School
- Braefoot Elementary School
- Hillcrest Elementary School
- Doncaster Elementary School
- Torquay Elementary School
- Campus View Elementary School
- Lochside Elementary School



Check out our **FAQ's**

Funding Support

All Saanich youth programs are inclusive

Click any 6-digit code to register AUG 12

Gordon Head Recreation Centre Weekly Youth Centre Schedule - Fall*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTER SCHOOL DROP-IN 3-5pm FREE	Closed	AFTER SCHOOL DROP-IN 3-5pm FREE	Closed	AFTER SCHOOL DROP-IN 1:30*-5pm FREE	ROOM/PARTY RENTALS AVAILABLE Click here for more information	
AFTER SCHOOL DROP-IN: REGISTER FOR THE WHOLE YEAR HERE: 167747						
2SLGBTQIA+ SOCIAL DROP-IN + SNACKS 6-8pm Click to view FREE	CRAFTERS AND BAKERS 6-8pm ROCK CLIMBING @CARSA 7-8:30pm	BOARD GAME CAFÉ AND SWIM + SNACKS/DRINKS 6-8pm NEW!	FITTOK - YOUTH FITNESS, HEALTH AND WELLNESS GROUP 6-8pm	FRIDAY NIGHT SOCIAL 5-9pm	SPORTS NIGHT AND SWIM 6-9pm NEW!	

*Closed on Pro D Days, STAT holidays and School District 61 holiday breaks

Swing by our supervised Friday Night Social Drop-In at Gordon Head Recreation Centre—a free, casual hangout where you can chill with friends, meet new people, and dive into a variety of awesome activities.

Sep 18	Welcome Back BBQ
Sep 25	Ping Pong Tournament
Oct 2	UNO + Mac N Cheese Night
Oct 9	Thanksgiving Community Dinner
Oct 16	Pumpkin Spice Everything Night
Oct 30	Halloween Costume Party!
Nov 6	Movie + Pizza Night
Nov 13	Pool Tournament
Nov 20	Breakfast for Dinner Night
Dec 4	Spa Theme Night
Dec 11	Gingerbread Cookie Decorating
Dec 18	Holiday Party!

SPECIAL EVENTS



MEXICAN COOKING WORKSHOP 11-17YRS
NOVEMBER 7
Learn to make authentic Mexican cuisine in this fun and engaging three course youth cooking workshop! Participants will make a main dish, side dish and a dessert with recipe cards to take home.
CLICK HERE TO REGISTER



KIDS COOKING ACADEMY: HOLIDAY BAKING
DECEMBER 5, 12
Spend time preparing special festive treats for the holidays! Projects include cookies, bars, and other delicious snacks. Fee includes all supplies and ingredients.
CLICK HERE TO REGISTER







REGISTER NOW

Questions?
CONTACT
250-475-7100
saanich.ca/register