



Gordon Head Middle School

Monday

May 25, 2026

- Today is Student-Led Conference Day. All students are dismissed at 1:50.
- Division 13 Ms. Racansky's class is responsible for grounds clean up this week. Thank you for looking after our outside areas.
- **It's Mental Health Monday! Here is today's Mental Health Tip:** *Multi-tasking is like eating soup with a fork... technically possible, but super messy. Focus on one thing at a time, and you'll actually finish it. Simple but true.*
- The **GSA Club** meets at the beginning of the lunch period today. We hope all members will be able to join us for this final meeting of the year.
- The final Library Club field trip to Torquay Elementary will happen tomorrow. Please check in with Ms. Aerts today if you'd like to participate in the trip tomorrow.
- Track and field meeting #3 is happening today for those in 1200m, boys long jump, girls discus, all grade 8 high jump and boys shot put. If you are in one of these events, please meet Mrs. Adamson in the gathering space at lunch break after the eating time. We might have time for some practice too. To coordinate your time around student-led conferences, please note events begin at the track at 4pm, running events are gr. 8s first then down to 6s and field events have grade 6s first then 7s then 8s.