



Gordon Head Middle School

Thursday

April 23, 2026

- Good morning and welcome to Hockey Day. We would like to welcome our Canucks coach Dario who will be with us all day coaching floor hockey with our teachers during PE times today.
- Pokemon and Magic club is happening tomorrow in the home ec. room.
- Today's fun lunch is teriyaki rice bowls.
- Congratulations to our girls rugby team who hosted last night.
- Grade 8 boys rugby have a game at Royal Oak today. All players, please meet Mrs. Adamson in the gathering space at nutrition break to get jerseys and sort out rides. Teachers, please allow these students to leave a little early so they can make their game. Boys 6/7 team has practice at 3:00 here on our back field.
- Track and field girls 4x100 practice is today at lunch break. We found out yesterday that we can send 4 teams per grade, so please come on out. Tomorrow is high jump.
- Badminton players practices and games schedule is as follows; today at lunch is for girls comp. Players and our final rec. players session is at lunch on Friday with grade 7 boys comp. players who are needing to finish their playoff matches.
- Field hockey players have a game after school today. Please meet with Ms. May in Mr. Ross's room at nutrition break to confirm rides.
- Emma C. and Natalie, you have a practice before school tomorrow at 8:00 in the dance/drama room with Mrs. Knapp.