



Gordon Head Middle School

Monday

March 2, 2026

- Division 3, Mrs. Weissig/Griffith's class, is responsible for grounds clean up this week. Thank you for looking after our outside areas.
- It's Mental Health Monday! Here is today's Mental Health Tip: *Take Brain Breaks -You're Not a Robot. Stand up. Stretch. Do a handstand. Make a weird face in the mirror. Feel better? Of course you do!*
- The B You group will meet in the home-ec. room today at 1:25.
- GSA Club meets today after the lunch eating period.
- The boys grade 8 competitive volleyball team has a game today at North Saanich Middle School. All players need to be dismissed from class at 2:40 and meet in the gathering space before leaving school. Good luck today.