



Gordon Head Middle School

Monday

January 12, 2026

- Division 11, Mrs. Lamond's class, is responsible for grounds clean up this week. Thank you for looking after our outside areas.
- GSA Club meets today in the library at lunch, right after the bell.
- It's Mental Health Monday! Here is today's Mental Health tip: *Limit screen time. Your eyeballs deserve a break... So do your group chats.*
- This is your last chance to sign up for the grade 7 girls group! See Ms. Myles for more information!
- Has your class ever played Lahal? Today at nutrition break, in the gathering space we will have a meeting to see who is interested in joining a Lahal club with Tanya and Mrs. Adamson. A district tournament is coming up in February and Gordon Head will be sending a team from our club participants.
- There will be volleyball practices today at lunch for team 3 (6/7 boys rec.) and after school for grade 6 girls comp. Tomorrow morning grade 7 girls comp. meet at 7:30. 6/7 girls rec. players, if you want a shirt, remember to bring \$20 by tomorrow.