



THE GRIZZLY GAZETTE

October 3, 2025

Happy Friday Everyone!

Greetings Gordon Head Families.
Another great week at GHMS.

It was so nice to see everyone last night at the open house BBQ. We really appreciate you taking the time out of your busy schedules to come to the school and meet our amazing teachers and share some food together.

In This Weeks Gazzette

- PAC News
- Upcoming Sports
- Calling all Coaches
- Grade 7 Apple Fundraiser
- Complaint Process
- Parking Lot Restrictions
- Community Opportunities

**Monday
October
13**

**Thanksgiving
Day
(No school)**

**Thursday
October
16**

PAC Meeting

**Friday
October 17**

Photo Retakes

**Tuesday
October 21**

**Parent Teacher
Interviews
(1:50 dismissal)**

**Wednesday
October 22**

**Parent Teacher
Interviews
(regular dismissal)**

**Friday
October
24**

Pro D Day

PAC News

Please note that our Next PAC meeting will be on **Thursday, October 16th, at 7:00pm**, in the Library.

Our New 2025/26 PAC Executive

Chair: **Danielle Smith**

Co-Chair: **Julie Mason**

Secretary: **Angela Kachanoski**

Treasurer: **Doug Gilmour**

Members at large with volunteer roles:

Fundraising Coordinator: **Jesus Maruffo**

Hot Lunch Coordinator: **Shannon Tong**

Gr. 8 Farewell Coordinator: **Chrissy Caldwell**

Yearbook: **Salina Buchan**

Erica Palmer

Juliana Moore

Nancy Hodgson

Andrew Ward

Liz Butterfield

Linnaea Scott

Celebrating 2024-2025 PAC Accomplishments

The PAC funded the following initiatives and events to support and enrich GHMS's learning environment:

- Classroom funds of **\$ 5,685** (\$15 per student x 379 students);
- Additional funds of **\$3,790.00** (\$10 per student) were approved as a permanent increase to classroom funds due to increasing costs;
- Field Trip funds of **\$3,790** (\$10 per student);
- **\$2800** to support Exploratories: Woodworking, Outdoor Education, Foods/Sewing, Dance, Drama, Arts, and Music;
- **\$100** towards spaghetti project and supplies for Skills Canada event;
- **\$500** for clubs operating outside of the curriculum including Pokemon and Magic, Chess, Library Clubs.
- **\$750** towards Sexual Health educators from Island Sexual Health;
- **\$2,000** towards visiting presenters, including NEED2 Suicide Prevention Education Support, the White Hatter Digital Literacy and Internet Safety;
- **\$1,000** towards athletics including the middle school sports association membership;
- **\$200** Games Night board game purchase in support of the Salish Sea and GHMS Robotics Club fundraiser;
- **\$652** towards Grade 7 Salish Sea Field Trip;
- **\$700** contribution to school staff appreciation lunch;
- Gaming funds of **\$5,700**:
 - \$1,000 for the library – approx. 50 books purchased
 - \$1,000 for technology – What in the World website and IXL yearly subscriptions
 - \$1,000 for Arts – Ache Brasil performance –Colours of Brazil
 - \$700 towards balls used for recess (Pickleball and Volleyball)
 - \$1,000 towards Grade 7 Salish Sea Field Trip
 - \$1,000 towards Grade 8 Farewell Camp Imadene Trip

GHMS Staff & Students cannot thank you enough!

Upcoming Sports



Cross Country

- Practice will be on Tuesday, October 7th with the next race on Thursday, Oct 9th, at UVIC, Mystic Vale off Cedar Hill Cross Road.

Clubs and Meetings

- GSA Club - **Mondays** in the Library
- Library Club - **Wednesdays** in the Library
- Musical Theatre - **Tuesdays and Fridays @ lunch** and **Wednesdays after school**
- Dance Ensemble - **Wednesdays @ Lunch**
- Math Challengers - **Thursday, October 2nd** and every following Thursday after school in the Library

CALLING ALL COACHES!

Gordon Head is looking forward to a robust year of athletics and we can't do it without you! We are in need of coaches and community support people to help us fill our rosters. We are looking for coaches for the following seasons:

Basketball – October to December:

Rec teams - 1 practice per week and 3 games total

Comp Teams - 2 practices per week and 6 games plus possible finals



Volleyball – January to March:

Rec teams 1 practice per week and 3 games total

Comp Teams - 2 practices per week and 6 games plus possible finals

Rugby – Spring

If you can help us out with one of our teams, please contact Jennifer Adamson at jadamson@sd61.bc.ca to share your interest.



Subject: 🍏 Two Weeks Left – Apple Fundraiser Update & Pickup Info! 🍏

Dear GHMS Families,

We're halfway through our Sun-Oka Apple Fundraiser and off to an amazing start – we've already reached one-third of our goal! A huge thank you to everyone who has purchased and shared so far. Your support is helping us raise funds for field trips and meaningful classroom experiences – and putting delicious, award-winning apples in homes across the community.



Important Dates:

- **Last Day to Order: Sunday, October 6**
- **Apple Pickup Day: Friday, October 20, at Gordon Head Middle School**
- **(Pickup times and details will be shared closer to delivery day.)**

🍏 Haven't Ordered Yet?

There's still time! Whether you're baking, snacking, or sharing with friends, these fresh Okanagan apples are the perfect fall treat. And if a full 10 lb box feels like too much, consider splitting a box with a friend or neighbour—it's a fun and easy way to participate!

👉 Click the link below to place your order today and help us reach our goal:

[Order Your Apples Here](#)

Thank you for your
support,
Grade 7 Learning Team

Community
OPPORTUNITIES

COMMUNITY EVENTS FOR ALL!

COME RUN AND CHEER ON THE VIKES!



OCTOBER 25TH, 2025

@ ROYAL ROADS UNIVERSITY

**HOSTED BY:
THE UNIVERSITY OF VICTORIA
VIKES**



RUNSPORT



COMMUNITY RUNS:

**10:00AM -
1KM KIDS SUPER
HERO RUN**

Sponsored by Westshore
Parks & Recreation

**10:30 AM -
COMMUNITY 8KM &
MIXED 4 x 2KM RELAY**

Sponsored by RUNSPORT



SCAN or VISIT:

govikesgo.com/crosscountry

UVIC VIKES RACES:

12:00 PM - CANADA WEST WOMEN'S 8KM

1:00 PM - CANADA WEST MEN'S 8KM



THE DISTRICT OF SAANICH WANTS TO HEAR FROM YOU!

Shelbourne Valley Plan Up date

We are seeking your input on the updated draft
Shelbourne Valley Plan (SVP).

ENGAGEMENT OPPORTUNITIES:

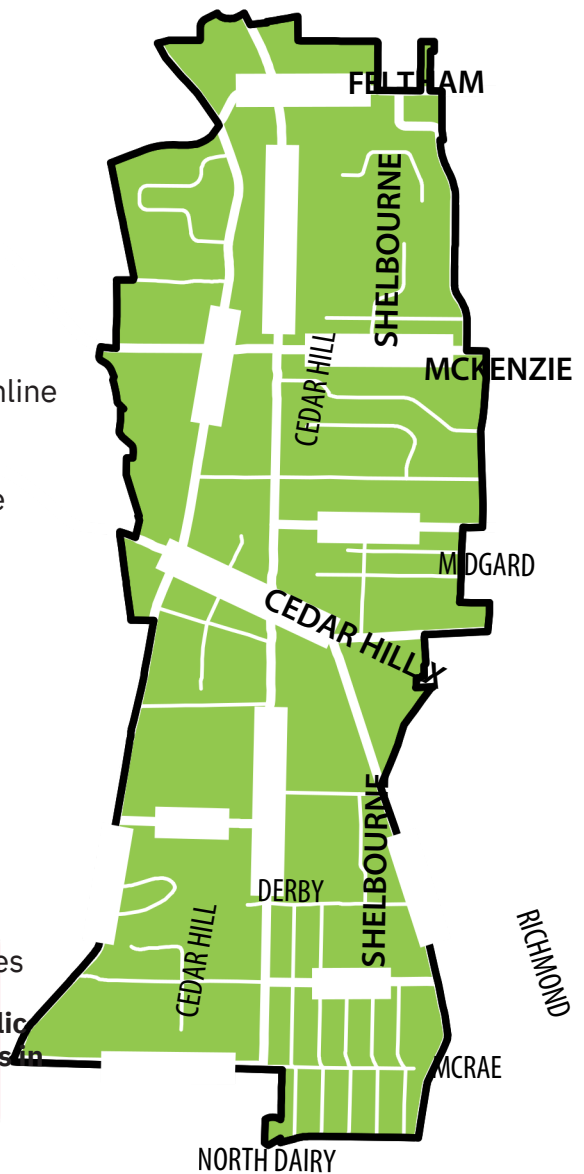
WHERE WHAT WHEN Thurs. Sept. 25, 2025

Webinars	12:00pm - 1:30pm	Thurs. Sept. 25, 2025
	7:00pm - 8:30pm	Register for webinars online at: saanich.ca/SVP
Open House #1*	Thurs. Oct. 2, 2025 4:00pm - 8:00pm	Gordon Head Rec Centre 4100 Lambrick Way
	Sat. Oct. 4, 2025 12:00pm - 4:00pm	Cedar Hill Rec Centre 3220 Cedar Hill Road
Open House #2*	Sept. 16, 2025 - Oct. 13, 2025	Refer to webpage for locations and times at: saanich.ca/SVP
Online Survey Pop-up Events		Online at: saanich.ca/SVP

*Refreshments and children's activities provided at open houses

A draft update of the 2017 Shelbourne Valley Plan is out for public review. The plan will guide land use and transportation decisions in the area over the next 20-30 years.

Key updates include: Revised area boundaries, Updated land use designations, Updated Climate and Environment content, Added guidance for specific sites (Special Sites).



LANSDOWNE



Scan QR code for project webpage.

saanich.ca/SVP

Phone: 250-475-5494

Email: svp@saanich.ca





AFTER SCHOOL DROP IN

September 8 - December 19



10 - 17yrs



Gordon Head Rec Centre
- Youth Centre



FREE



Mon-Thur 3:00-5:00pm
Fri *1:30-5:00pm

Get in Touch



250 457 7111



Shannon.Phelps@saanich.ca



Gordon Head Recreation Centre
4100 Lambrick Way
Victoria, BC V8N 5R3



REGISTER NOW



The Youth Centre

at Gordon Head Recreation Centre

10YRS+

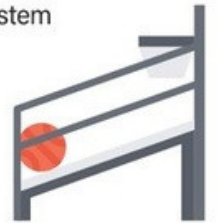
Come join us!

4100 Lambrick Way | 250-475-7100



Amenities

- Kitchen & Dining area
- Pool table
- Outdoor ping pong



- Basketball arcade game
- PS5 gaming system
- 65" TV
- Board Games

Schools and neighbourhood served

- Lambrick Park Secondary School
- Reynolds Secondary School
- Mount Douglas Secondary School
- Gordon Head Middle School
- Cedar Hill Middle School
- Doncaster Elementary School
- Torquay Elementary School
- Braefoot Elementary School
- Campus View Elementary School



Check out our
FAQ's

Funding Support

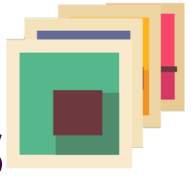


All Saanich youth programs are inclusive



Gordon Head Recreation Centre Weekly Youth Centre Schedule - Fall

REMINDER
The Youth Centre is **CLOSED**
on Pro D Days and Holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 1:30-5pm FREE	SPORTS NIGHT @GHMS 4:30-6pm #145076, \$45 	BIRTHDAY PARTIES AND ROOM RENTALS 
2SLGBTQIA+ SOCIAL 6-8pm #145333 FREE 	CRAFTERS & BAKERS 8PM #145054, \$55 	GAMES & SWIM 6-8pm #145058, \$45 	FitTok THURSDAYS 6-8PM #146754, \$40 	FRIDAY NIGHT SOCIAL! 5-9PM 	SPORTS NIGHT @GHMS 6:15-7:45pm #145084, \$45 	
	ROCK CLIMBING @CARSA 7-8:30pm #146942, \$320 			*Friday Night Social does not run during Fall Special Events Looking for a fun way to kick off your weekend? Swing by our supervised Friday Night Social Drop-In at Gordon Head Recreation Centre — a free, casual hangout where you can chill with friends, meet new people, and dive into a variety of awesome activities. Dinner included!		

SPECIAL FRIDAY NIGHT EVENTS



 **YOUTH FALL FEST PARTY + PIZZA!**
SEPTEMBER 26
\$12



 **YOUTH HALLOWEEN MOVIE, PJS & PIZZA PARTY**
\$15



 **YOUTH NEON GLOW PARTY & PIZZA!**
NOVEMBER 14
\$12



 **YOUTH UGLY HOLIDAY SWEATER PARTY & PIZZA!**
DECEMBER 12
\$12



Interested in more?
View all Saanich
Youth offerings here!

Sports and fitness



Scan me!



Scan me!

Advanced aquatics



Scan me!



FITTOK THURSDAYS - Have fun tackling obstacle courses, team relays, yoga and TikTok like dances—every week brings a new way to get moving, build strength, and boost energy. After the action, we cool down with guided mindfulness exercises, creative journaling, confidence-building discussions, and breathing techniques.
Thursdays, 6-8pm.

#146754, \$40

