



THE GRIZZLY GAZETTE

October 17, 2025

Happy Friday Everyone!

Greetings Gordon Head Families. Another great week at GHMS.

Diwali, the festival of lights, will be on October 20th this year. Diwali is India's biggest and most important holiday of the year. The festival gets its name from the row (avali) of clay lamps (deepa) that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness.

Over the centuries, Diwali has become a national festival that is enjoyed by most Indians regardless of faith: Hindus, Jains, Buddhists, and Sikhs throughout the world.

<http://thefactfile.org/diwali-facts/>

Wishing you a Diwali filled with love, light, and laughter!



In This Weeks Gazzette

- Upcoming Sports/ Meetings
- Library News
- PAC News
- Community Opportunities

Friday October 17	Photo Retakes
Monday October 20	Diwali
Tuesday October 21	Parent Teacher Interviews (1:50 dismissal)
Wednesday October 22	Parent Teacher Interviews (regular dismissal)
Friday October 24	Pro D Day No students at the school.
Friday October 31	Halloween



Clubs and Meetings

- GSA Club - **Mondays** in the library
- Math Challengers - **Tuesdays**, after school in the library
- Musical Theatre - **Tuesdays and Fridays** @ lunch and **Wednesdays** after school
- Dance Ensemble - **Wednesdays** @ lunch
- Coding Club - **Wednesdays** after school
- Library Club - **Wednesdays** in the library
- Pokemon and Magic - **Thursdays**
- Chess Club - **Fridays** @ lunch

Upcoming Sports - Games and Practices

Cross Country -Wednesday's race was once again amazing. Our grade 6 students Theo and Anna each won their race, which means they are both undefeated for the season. More impressive than that, though, is their extreme sportsmanship. Theo stays behind after every win and shakes the hands and checks in with each student who comes after him, which is pretty impressive. Anna is so caring of her teammates and other people in the race. We didn't have any grade 7s run on Wednesday, but our grade 8s were both really successful with their best placing of the season. Owen was second and Ayami was sixth. We have a really strong crew of grade 6 students coming up so the future looks bright for Gordon Head cross country. Congratulations to all of our runners. Gordon Head is so impressed by you.

Basketball Practices

- 8 Boys Comp **Mondays & Wednesdays 7:30am-8:30am**
- 7/8 Girls Rec **Tuesdays @ lunch**
- 6/7 Boys Comp #1 **TBA**
- 6/7 Boys Comp #2 **TBA**
- 6/7 Boys Comp #3 **TBA**
- 6/7 Girls Comp **Mondays & Wednesdays 7:30am - 8:30am**
- 6/7 Girls Recreational **Wednesdays & Fridays @ lunch**

Basketball Games

- Girls 6/7 Comp **Tues Oct 21st** @ Monterey 3:45
- Boys 6/7 Comp #1 **Thurs Oct 23rd** @ GHMS vs Monterey 5:00
- Boys 6/7 Comp #2 **Thurs Oct 23rd** @ Lansdowne 3:45
- Boys 6 Comp #3 **Thurs Oct 23rd** @ GHMS vs Monterey 3:45
- Boys 8 Comp **Mon Oct 20th** @ GHMS vs SMUS 3:45
- Boys 8 Comp **Wed Oct 22nd** @ Monterey #2 3:45





LiBRARY NEWS

OCTOBER 2025

NEWS

The newly-organized non-fiction section is now open!

All non-fiction materials are organized in 11 **easy** to find categories!

We are still fine-tuning some of our labelling and signage so there will be minor changes to come but it's ready for students and staff to check out books again.

Thank you to everyone for your patience in waiting for this section to re-open while we were working on it. We'd love to hear what you think of the new arrangement!



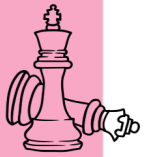
Come check out some great NEW BOOKS!



CLUB REMINDERS

Check out these **FUN** clubs in the library at lunch:

- **Monday** - GSA Club
- **Tuesday** - Lego Club
- **Tuesdays after school** - Math Challengers
- **Wednesday** - Library Club
- **Thursday** - Battle of the Books (starting October 16, details TBA)
- **Friday** - Chess Club



SEPTEMBER STATS

- 1852 books checked out
- Division 14 took out most books, 280. WOW! Wimpy
- Kid Hot Mess was the most popular novel Demon Slayer
- was the most popular manga.



UPCOMING

Scholastic Book Fair
in the Library
October 20-22.

**Stay
Tuned**

PAC News

Please note that our next PAC meeting will be on **Thursday, October 20th, at 7:00pm**, in the Library.



MENTAL HEALTH DAY 2025 VCPAC EDUCATION TOWNHALL

*ENGAGING SPEAKERS.
ENGAGED COMMUNITY.
FOCUS ON
MENTAL HEALTH.*

Thu 23 OCT
2025

6:30 - 8:30
PM PM

Spectrum Theatre
957 Burnside Rd W.
Saanich, BC



Parents, Caregivers, & Students
All Welcomed!

Childminding On Site

[Register Now](#)

FREE



Make New Connections

Connect with other parents, PAC members, advocates, and support organizations in your community.

Engage With Speakers

Learn about your rights and discuss new approaches to child and youth mental health.

Access Resources

Get answers to your questions from District Leadership and take home information sheets and handouts.



PANELIST

[Rachel Trebilco](#)

District Vice-Principal
Indigenous Education

SPEAKER

[Michael Harvey](#)

Information and
Privacy Commissioner
of BC

PANELIST

[Tracy Humphreys](#) [Monique Moore](#)

Director of Operations,
Family Support Institute
of BC

PANELIST

Registered Clinical
Counsellor

Supporting Community Partners:



Community
OPPORTUNITIES

COMMUNITY EVENTS FOR ALL!

COME RUN AND CHEER ON THE VIKES!



OCTOBER 25TH, 2025

@ ROYAL ROADS UNIVERSITY

**HOSTED BY:
THE UNIVERSITY OF VICTORIA
VIKES**



RUNSPORT



COMMUNITY RUNS:

**10:00AM -
1KM KIDS SUPER
HERO RUN**

Sponsored by Westshore
Parks & Recreation

**10:30 AM -
COMMUNITY 8KM &
MIXED 4 x 2KM RELAY**

Sponsored by RUNSPORT



SCAN or VISIT:

govikesgo.com/crosscountry

UVIC VIKES RACES:

12:00 PM - CANADA WEST WOMEN'S 8KM

1:00 PM - CANADA WEST MEN'S 8KM



THE DISTRICT OF SAANICH WANTS TO HEAR FROM YOU!

Shelbourne Valley Plan Up date

We are seeking your input on the updated draft
Shelbourne Valley Plan (SVP).

ENGAGEMENT OPPORTUNITIES:

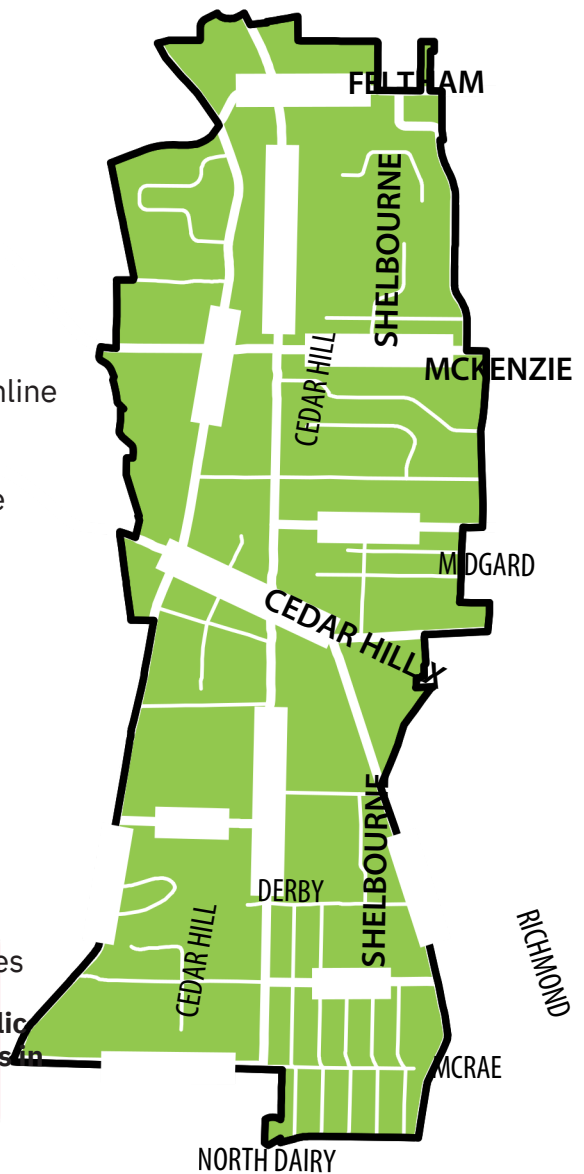
WHERE WHAT WHEN Thurs. Sept. 25, 2025

Webinars	12:00pm - 1:30pm	Thurs. Sept. 25, 2025
	7:00pm - 8:30pm	
Open House #1*	Thurs. Oct. 2, 2025	Register for webinars online at: saanich.ca/SVP
	4:00pm - 8:00pm	
Open House #2*	Sat. Oct. 4, 2025	Gordon Head Rec Centre 4100 Lambrick Way
	12:00pm - 4:00pm	
Online Survey	Sept. 16, 2025 -	Cedar Hill Rec Centre 3220 Cedar Hill Road
	Oct. 13, 2025	
Pop-up Events	Refer to webpage for locations and times at: saanich.ca/SVP	
	Online at: saanich.ca/SVP	

*Refreshments and children's activities provided at open houses

A draft update of the 2017 Shelbourne Valley Plan is out for public review. The plan will guide land use and transportation decisions in the area over the next 20-30 years.

Key updates include: Revised area boundaries, updated land use designations, updated Climate and Environment content, added guidance for specific sites (Special Sites).



Scan QR code for project webpage.

saanich.ca/SVP

Phone: 250-475-5494

Email: svp@saanich.ca





AFTER SCHOOL DROP IN

September 8 - December 19



10 - 17yrs



Gordon Head Rec Centre
- Youth Centre



FREE



Mon-Thur 3:00-5:00pm
Fri *1:30-5:00pm

Get in Touch



250 457 7111



Shannon.Phelps@saanich.ca



Gordon Head Recreation Centre
4100 Lambrick Way
Victoria, BC V8N 5R3



REGISTER NOW



The Youth Centre

at Gordon Head Recreation Centre

10YRS+

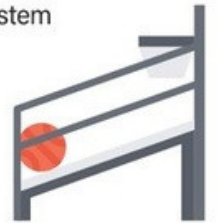
Come join us!

4100 Lambrick Way | 250-475-7100



Amenities

- Kitchen & Dining area
- Pool table
- Outdoor ping pong



- Basketball arcade game
- PS5 gaming system
- 65" TV
- Board Games

Schools and neighbourhood served

- Lambrick Park Secondary School
- Reynolds Secondary School
- Mount Douglas Secondary School
- Gordon Head Middle School
- Cedar Hill Middle School
- Doncaster Elementary School
- Torquay Elementary School
- Braefoot Elementary School
- Campus View Elementary School



Check out our
FAQ's

Funding Support

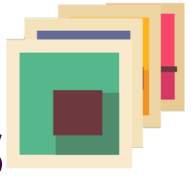


All Saanich youth programs are inclusive



Gordon Head Recreation Centre Weekly Youth Centre Schedule - Fall

REMINDER
The Youth Centre is **CLOSED**
on Pro D Days and Holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 1:30-5pm FREE	SPORTS NIGHT @GHMS 4:30-6pm #145076, \$45 	BIRTHDAY PARTIES AND ROOM RENTALS 
2SLGBTQIA+ SOCIAL 6-8pm #145333 FREE 	CRAFTERS & BAKERS 8PM #145054, \$55 	GAMES & SWIM 6-8pm #145058, \$45 	FitTok THURSDAYS 6-8PM #146754, \$40 	FRIDAY NIGHT SOCIAL! 5-9PM 	SPORTS NIGHT @GHMS 6:15-7:45pm #145084, \$45 	
	ROCK CLIMBING @CARSA 7-8:30pm #146942, \$320 			*Friday Night Social does not run during Fall Special Events Looking for a fun way to kick off your weekend? Swing by our supervised Friday Night Social Drop-In at Gordon Head Recreation Centre — a free, casual hangout where you can chill with friends, meet new people, and dive into a variety of awesome activities. Dinner included!		

SPECIAL FRIDAY NIGHT EVENTS



 **YOUTH FALL FEST PARTY + PIZZA!**
SEPTEMBER 26
\$12



 **YOUTH HALLOWEEN MOVIE, PJS & PIZZA PARTY**
\$15



 **YOUTH NEON GLOW PARTY & PIZZA!**
NOVEMBER 14
\$12



 **YOUTH UGLY HOLIDAY SWEATER PARTY & PIZZA!**
DECEMBER 12
\$12



Interested in more?
View all Saanich
Youth offerings here!



Sports and fitness



Scan me!



Scan me!



Advanced aquatics



Scan me!

FITTOK THURSDAYS - Have fun tackling obstacle courses, team relays, yoga and TikTok like dances—every week brings a new way to get moving, build strength, and boost energy. After the action, we cool down with guided mindfulness exercises, creative journaling, confidence-building discussions, and breathing techniques.
Thursdays, 6-8pm.

#146754, \$40

