



THE GRIZZLY GAZETTE

October 10, 2025

Happy Friday Everyone!

Greetings Gordon Head Families. Another great week at GHMS.

Thank you to all the parents who have volunteered to coach basketball this year. We couldn't possibly run the number of teams needed for all our players without you.

I would like to share my appreciation and support for one of our GHMS family businesses: Mantu, a delicious Afghan/Persian Restaurant, located on Quadra Street. Mantu catered to our recent Administrators meeting and the food was absolutely delicious.

To our Korean families, I hope you had a wonderful Chuseok on the 5th - 8th. Like Thanksgiving, Chuseok is a time to gather with family and show appreciation for the fall food harvest. To those families celebrating Thanksgiving, I hope you have a lovely Thanksgiving weekend.

And to all our GHMS families, please enjoy the long weekend with no school on Monday.

In This Weeks Gazzette

- Upcoming Sports/ Meetings
- Library News
- PAC News
- Community Opportunities

**Monday
October
13**

**Thanksgiving
Day
(No school)**

**Thursday
October
16**

PAC Meeting

**Friday
October 17**

Photo Retakes

**Tuesday
October 21**

**Parent Teacher
Interviews
(1:50 dismissal)**

**Wednesday
October 22**

**Parent Teacher
Interviews
(regular dismissal)**

**Friday
October
24**

Pro D Day



Clubs and Meetings

- GSA Club - **Mondays** in the library
- Math Challengers - **Tuesdays**, after school in the library
- Musical Theatre - **Tuesdays and Fridays** @ lunch and **Wednesdays** after school
- Dance Ensemble - **Wednesdays** @ lunch
- Coding Club - **Wednesdays** after school
- Library Club - **Wednesdays** in the library
- Pokemon and Magic - **Thursdays**
- Chess Club - **Fridays** @ lunch

Upcoming Sports - Games and Practices

Cross Country - It was another beautiful race for our strong cross country team at UVic yesterday with Theo and Anna once again winning their age groups and many top 20 finishers! We are so pleased with our dedicated runners, especially with the way they support and encourage one another. Runners, please bring your jerseys to Mrs. Clark this morning. Thanks!

- Practice will be on **Tuesday, October 14th**, with the next race on **Wednesday, Oct 15th**, at Witty's Lagoon.

Basketball Practices

- 7/8 Girls Recreational **Tuesday @ lunch**
- 6/7 Boys Competitive #1 **Tuesday 3:00pm**
- 6/7 Boys Competitive #2 **Wednesday @ lunch**
- 6/7 Girls Competitive **Wednesday @ lunch**
- 6/7 Boys Competitive #3 **Wednesday 3:00pm**
- 7/8 Girls Recreational **Thursday @ lunch**
- 6/7 Boys Competitive #1 **Thursday 3:00pm**
- 6/7 Girls Competitive **Friday @ lunch**
- 6/7 Girls Recreational **Friday @ lunch**



LiBRARY NEWS

OCTOBER 2025

NEWS

The newly re-organized non-fiction section is now open!

All non-fiction materials are organized in 11 **easy** to find categories!

We are still fine-tuning some of our labelling and signage so there will be minor changes to come but it's ready for students and staff to check out books again.

Thank you to everyone for your patience in waiting for this section to re-open while we were working on it. We'd love to hear what you think of the new arrangement!



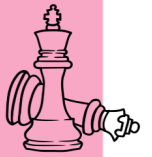
Come check out some great NEW BOOKS!



CLUB REMINDERS

Check out these **FUN** clubs in the library at lunch:

- **Monday** - GSA Club
- **Tuesday** - Lego Club
- **Tuesdays after school** - Math Challengers
- **Wednesday** - Library Club
- **Thursday** - Battle of the Books (starting October 16, details TBA)
- **Friday** - Chess Club



SEPTEMBER STATS

- 1852 books checked out
- Division 14 took out most books, 280. WOW!
- Wimpy Kid Hot Mess was the most popular novel
- Demon Slayer was the most popular manga



UPCOMING

Scholastic Book Fair
in the Library
October 20-22.

**Stay
Tuned**

PAC News

Please note that our next PAC meeting will be on **Thursday, October 16th, at 7:00pm**, in the Library.



MENTAL HEALTH DAY 2025 VCPAC EDUCATION TOWNHALL

*ENGAGING SPEAKERS.
ENGAGED COMMUNITY.
FOCUS ON
MENTAL HEALTH.*

Thu 23 OCT
2025

6:30 - 8:30
PM PM

Spectrum Theatre
957 Burnside Rd W.
Saanich, BC



Parents, Caregivers, & Students
All Welcomed!

Childminding On Site

[Register Now](#)

FREE



Make New Connections

Connect with other parents, PAC members, advocates, and support organizations in your community.

Engage With Speakers

Learn about your rights and discuss new approaches to child and youth mental health.

Access Resources

Get answers to your questions from District Leadership and take home information sheets and handouts.



PANELIST

[Rachel Trebilco](#)

District Vice-Principal
Indigenous Education

SPEAKER

[Michael Harvey](#)

Information and
Privacy Commissioner
of BC

PANELIST

[Tracy Humphreys](#)

Director of Operations,
Family Support Institute
of BC

PANELIST

[Monique Moore](#)

Registered Clinical
Counsellor

Supporting Community Partners:



Community
OPPORTUNITIES

COMMUNITY EVENTS FOR ALL!

COME RUN AND CHEER ON THE VIKES!



OCTOBER 25TH, 2025

@ ROYAL ROADS UNIVERSITY

**HOSTED BY:
THE UNIVERSITY OF VICTORIA
VIKES**



RUNSPORT



COMMUNITY RUNS:

**10:00AM -
1KM KIDS SUPER
HERO RUN**

Sponsored by Westshore
Parks & Recreation

**10:30 AM -
COMMUNITY 8KM &
MIXED 4 x 2KM RELAY**

Sponsored by RUNSPORT



SCAN or VISIT:

govikesgo.com/crosscountry

UVIC VIKES RACES:

12:00 PM - CANADA WEST WOMEN'S 8KM

1:00 PM - CANADA WEST MEN'S 8KM



THE DISTRICT OF SAANICH WANTS TO HEAR FROM YOU!

Shelbourne Valley Plan Up date

We are seeking your input on the updated draft
Shelbourne Valley Plan (SVP).

ENGAGEMENT OPPORTUNITIES:

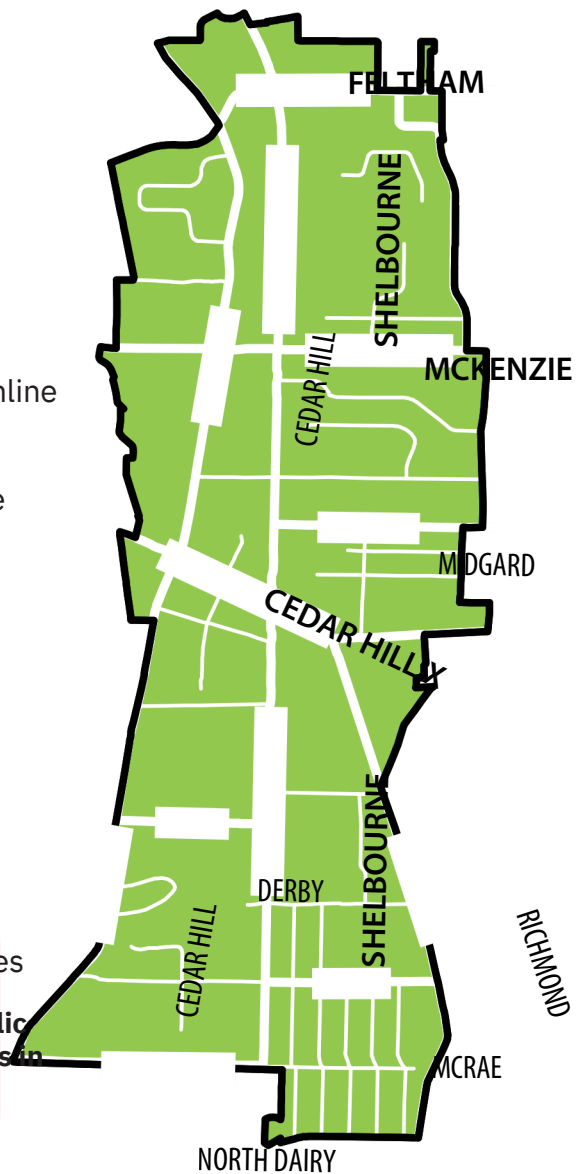
WHERE WHAT WHEN Thurs. Sept. 25, 2025

Webinars	12:00pm - 1:30pm	Thurs. Sept. 25, 2025
	7:00pm - 8:30pm	
Open House #1*	Thurs. Oct. 2, 2025	Register for webinars online at: saanich.ca/SVP
	4:00pm - 8:00pm	
Open House #2*	Sat. Oct. 4, 2025	Gordon Head Rec Centre 4100 Lambrick Way
	12:00pm - 4:00pm	
Online Survey	Sept. 16, 2025 -	Cedar Hill Rec Centre 3220 Cedar Hill Road
	Oct. 13, 2025	
Pop-up Events	Refer to webpage for locations and times at: saanich.ca/SVP	
	Online at: saanich.ca/SVP	

*Refreshments and children's activities provided at open houses

A draft update of the 2017 Shelbourne Valley Plan is out for public review. The plan will guide land use and transportation decisions in the area over the next 20-30 years.

Key updates include: Revised area boundaries, updated land use designations, updated Climate and Environment content, added guidance for specific sites (Special Sites).



Scan QR code for project webpage.

saanich.ca/SVP

Phone: 250-475-5494

Email: svp@saanich.ca





AFTER SCHOOL DROP IN

September 8 - December 19



10 - 17yrs



Gordon Head Rec Centre
- Youth Centre



FREE



Mon-Thur 3:00-5:00pm
Fri *1:30-5:00pm

Get in Touch



250 457 7111



Shannon.Phelps@saanich.ca



Gordon Head Recreation Centre
4100 Lambrick Way
Victoria, BC V8N 5R3



REGISTER NOW



The Youth Centre

at Gordon Head Recreation Centre

10YRS+

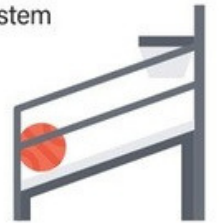
Come join us!

4100 Lambrick Way | 250-475-7100



Amenities

- Kitchen & Dining area
- Pool table
- Outdoor ping pong



- Basketball arcade game
- PS5 gaming system
- 65" TV
- Board Games

Schools and neighbourhood served

- Lambrick Park Secondary School
- Reynolds Secondary School
- Mount Douglas Secondary School
- Gordon Head Middle School
- Cedar Hill Middle School
- Doncaster Elementary School
- Torquay Elementary School
- Braefoot Elementary School
- Campus View Elementary School



Check out our
FAQ's

Funding Support

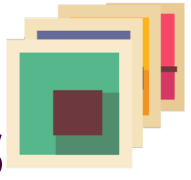


All Saanich youth programs are inclusive



Gordon Head Recreation Centre Weekly Youth Centre Schedule - Fall

REMINDER
The Youth Centre is **CLOSED**
on Pro D Days and Holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 3-5pm FREE 	AFTER SCHOOL DROP-IN 3-5pm FREE	AFTER SCHOOL DROP-IN 1:30-5pm FREE	SPORTS NIGHT @GHMS 4:30-6pm #145076, \$45 	BIRTHDAY PARTIES AND ROOM RENTALS 
2SLGBTQIA+ SOCIAL 6-8pm #145333 FREE 	CRAFTERS & BAKERS 8PM #145054, \$55 	GAMES & SWIM 6-8pm #145058, \$45 	FitTok THURSDAYS 6-8PM #146754, \$40 	FRIDAY NIGHT SOCIAL! 5-9PM 	SPORTS NIGHT @GHMS 6:15-7:45pm #145084, \$45 	
	ROCK CLIMBING @CARSA 7-8:30pm #146942, \$320 			*Friday Night Social does not run during Fall Special Events Looking for a fun way to kick off your weekend? Swing by our supervised Friday Night Social Drop-In at Gordon Head Recreation Centre — a free, casual hangout where you can chill with friends, meet new people, and dive into a variety of awesome activities. Dinner included!		

SPECIAL FRIDAY NIGHT EVENTS



 **YOUTH FALL FEST PARTY + PIZZA!**
SEPTEMBER 26
\$12



 **YOUTH HALLOWEEN MOVIE, PJS & PIZZA PARTY**
\$15



 **YOUTH NEON GLOW PARTY & PIZZA!**
NOVEMBER 14
\$12



 **YOUTH UGLY HOLIDAY SWEATER PARTY & PIZZA!**
DECEMBER 12
\$12



Interested in more?
View all Saanich
Youth offerings here!

Sports and fitness



Scan me!



Scan me!

Advanced aquatics



Scan me!



FITTOK THURSDAYS - Have fun tackling obstacle courses, team relays, yoga and TikTok like dances—every week brings a new way to get moving, build strength, and boost energy. After the action, we cool down with guided mindfulness exercises, creative journaling, confidence-building discussions, and breathing techniques.
Thursdays, 6-8pm.

#146754, \$40

