

GHMS PAC Newsletter

Thanks to all the parents who attended the first PAC meeting:

Sarah Ball and LaToya Sayles, co-presidents

Tiffanie Hanoski, treasurer

Tasha Diamant, secretary

Rae-Lynn Wiltshire, Jennifer Pratt, and Erin Paulson, members at large

Rei Stewart, hot lunch coordinator

Violet Wang, Hongxia Wang, Guangdeng Zong, Thomas Mueller Leile, Riza Hoskins, Marc Lerman, Trisha Myers, Elora Selby, Rishi Sharma

The PAC would like to thank the office staff for sending out the envelopes for the donation drive.

Music Program representative (or committee) needed: If you are interested in helping Ms. Blair and the music program out with fundraising and logistics, please contact Mr. Boulding sboulding@sd61.bc.ca and/or Ms. Blair ablair@sd61.bc.ca

Hot Lunch volunteers needed: If you can volunteer to deliver hot lunches to the classrooms on Thursdays between about 11:45-12:15, please contact Rei Stewart at pinetreebell@hotmail.com

Grade 6 Immunization Thurs. October 17 and 24: If you have a child in Gr 6 they will bring home a note from the nurses recording the immunization received. Parents volunteers will be there to support the kids and give them PAC-donated juice and snacks.

VCPAC Representative needed: Are you interested in attending Greater Victoria school district PAC meetings? Parents' voices are important and will be heard if more PAC parents can come together. Next meeting is on Tuesday, October 22, 7-9 pm at Central Middle School. Contact tashadiamant@gmail.com for more info

Consider joining the GHMS Parents group on Facebook:
<https://www.facebook.com/groups/2240753516211658/>

Community-funded playground: Jasmine Haere is working on getting GHMS a community-funded playground, stay tuned.

Other upcoming activities and fundraisers for the school year will include: Vikes night; a possible games night; pancake breakfast; staff appreciation lunch; Gr 8 Celebration; Purdy's chocolate fundraiser.

PLEASE join us at our next monthly PAC meetings on Wednesday, October 16, or Wednesday, November 20, at 7-8 pm in the library.

All parents and guardians are members of the GHMS PAC. PAC meetings are the third Wednesday of each month. We almost always keep meetings to under an hour and you get to hear firsthand reports about events and school news from the administration.

Thank you to all who have contributed to our donation drive. If you'd like to make a donation go to <https://sd61.schoolcashionline.com/Fee/Details/2967/140/false/true> and make sure to choose Gordon Head Middle School PAC.

Events in the community

- Free "Childhood Anxiety: Empowering Strategies and Effective Support" workshop with Julie-Anne Richards (M.A., Registered Clinical Counselor, Psycho-educational Consultant) at Arbutus Global Middle School on November 6th, 2019, from 6:00-8:00pm.

RSVP

<https://www.eventbrite.ca/e/parent-presentation-on-youth-childhood-anxiety-ticket-74377016659?aff=ebdssbeac>

- Free MyBooklet BC workshop on November 7, 2019, at Community Living Victoria (3861 Cedar Hill Cross Roads) from 6:30-8:30pm.

MyBooklet BC is A FREE online tool that families and people with disabilities can use to create a beautiful and personalized information booklet for a loved one or for themselves. For those families who are entering transition period, this booklet is now needed by CLBC for transitioning. For families who are in the school system, or navigate the medical system, MyBooklet is a lifesaver. MyBooklet BC allows you stop repeating "your story" to every new person in your family members life, it keeps the important information in one document (and you can make mini versions so that you can control who sees what!), and you are able to share with others that your family member is more than just a medical and diagnostical fact.

Please RSVP to lkang@fsibc.com