



Gordon Head Middle School
Thursday
January 17, 2019

Leadership meeting in Mrs. Meredith's room at lunch break today. All leadership students head to Mrs. Meredith's room after lunch eating time today.

Math Challengers students please meet in Ms. Nelson's room after school today.

This morning is the last opportunity for you to sign up for the **Karate Demonstration** happening today at lunch in the gym. If you have not signed up yet, please come to the office and add your name to the sign up sheet this morning at nutrition break. Participants will also be eligible for a free month of Karate training at Performance Varsity Karate.

Mini Trades Opportunity for Grade 8 Students:

All Grade 8 students are invited to take part in a **Mini Trades Camp** that will be held at Lambrick Park again this year. Mini Trades is a free 2-day spring break camp where students get exposure to the **electrical, woodwork and sheet metal trades** by building their own desk light. Application forms are available in the office. First come, first served. Please take the form home for you and your parents to read and sign, then return your application form to Mrs. Schmidt as soon as possible.

Today our PAC parent volunteers will be serving up **SUBWAY** for hot lunch.

SPORTS:

Swim Team Athletes have a practice tomorrow at 7am. Don't forget your goggles and caps!

VOLLEYBALL

Grade 7 Girls Competitive Team are asked to meet in Mr. de's room today at nutrition break for a very important meeting.

Mr. Ross' Grade 7 Boys Team practice after school today .

Grade 8 Girls Competitive Team have a short 45 minute practice after school today. And tomorrow, Friday morning, **Grade 8 Girls** will practice at 7:45.

Grade 8 Boys Competitive Team has a meeting after school today. Please meet in Mr. Ross' room at 3:00. Also, **Grade 8 Boys** practice tomorrow, Friday morning, at 7:45.

Grade 7/8 Girls Rec.Team Practice tomorrow, Friday, at lunch.