



Gordon Head Middle School
Wednesday
May 2, 2018

The **Hollow Log** will be open at lunch today. **S and M** are signed up to help pop popcorn at recess. Lunch time helpers are **C, A, G, and T**. Please bring your lunch to the Hollow Log at noon.

Dance rehearsal for "Last Night I Had the Strangest Dream" at lunch recess today in Dance/Drama Room.

Hot Lunch tomorrow: our PAC parents will be serving up **Subway sandwiches**.

We are fundraising to support the **International Justice Mission**: starting this Friday, May 4, we will be having a bake sale at lunch. This will continue every Friday until June 1. Please bring money to buy from the bake sale on Fridays for the next 5 weeks.

SPORTS:

Triathlon Training: Thanks to everyone who came out to our first triathlon practice bright and early this morning. Thank you for being flexible with our change of plans, and we will let you know what our plan is for next Wednesday. It was so great to see the commitment and enthusiasm from those who came. Our next practice will be a swim practice on Friday morning at Gordon Head Recreation Centre at 7am.

Long Jump practice for all grades today at lunch recess.

Boys Field Hockey practice today at lunch recess.

Boys Grade 8 Rugby practice today after school here at GHMS.

Grade 8 Badminton Tournament today after school at St. Michaels.

Track and Field: Grade 8 Team 4 X 100 practice tomorrow (Thursday) at lunch recess.

Ultimate Frisbee practice tomorrow (Thursday) after school.

Girls Grade 6 Competitive Volleyball Team practice Friday morning at 7:30 am.

Grade 7 and 8 High Jump try outs Friday at lunch recess - meet near the long jump pit.

Wednesday: The staff vs student dodgeball game will be taking place tomorrow at lunch. Today is the last day to sign up to play, so if you want to sign up, come to Miss Meredith's room at nutrition break. If you are not playing, don't forget to come out and cheer on the students! They're going to need it!